

NaturTea



SEEDSTICKS
CORN CHAMOMILE
ANTHEMIS ARVENSIS

SEEDSTICKS®
TEAR IT. PLANT IT. GROW IT.

ANTHEMIS ARVENSIS CORN CHAMOMILE SEEDSTICKS

CALMING CHAMOMILE
COMES WITH AN ABUNDANCE
OF BENEFITS INCLUDING
RELIEVING STRESS, AIDING
SLEEP AND REDUCING
ANXIETY, AND THOSE SMALL
WHITE AND YELLOW BURSTS
LOOK BEAUTIFUL IN YOUR
GARDEN TOO.

ANTHEMIS ARVENSIS CORN CHAMOMILE SEEDS

SEEDS GERMINATE IN
10-14 DAYS

GROWING INSTRUCTIONS



1. Tear Seedsticks.



2. Push pointed Seedsticks into soil, to depth line.



3. Water, find sunlight & watch it grow!

This pack contains approx 30 seeds

SOW PERIOD & POSITION



Feb-May (indoors)



May-July (outdoors)



Windowsill or propagator



Sunny, sheltered spot with well-drained soil

