

SPORT CENTRE
ATHLETIC TRAINING
★ **RUNNING CLUB** ★
FAMILY LEISURE
★ ★ ★



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GROW YOUR BUSINESS!

★ ★ ★
FAMILY LEISURE
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ATHLETIC TRAINING
SPORT CENTRE

MADE IN BRITAIN

Seedsticks® Growing Instructions

<Add seed name here>

Seeds germinate in <add germination> days



1. Tear Seedsticks
2. Push pointed Seedsticks into soil, to depth line
3. Water, find sunlight & watch it grow!